

Welcome to the 18th Key Symposium May 12-13, 2023 in Okinawa, Japan

Longevity and Healthy Ageing: What can we learn from Blue Zones?

The 18th Key symposium of the Journal of Internal Medicine and the Royal Swedish Academy of Sciences “LONGEVITY AND HEALTHY AGEING: WHAT CAN WE LEARN FROM BLUE ZONES?” will be held on May 12-13, 2023 in Okinawa, Japan.

Leading international scientists will review and discuss the latest epidemiological, mechanistic and interventional aspect of longevity and healthy ageing during two full days of talks.

Okinawa, Japan, known for its high number of centenarians, healthy diet and lifestyle will be the perfect location for inspiring speakers and delegates to interact, update and progress the research field.

Welcome to Okinawa!

HYBRID (On-Site / Online)

You can switch between online attendance and physical attendance anytime

WEBSITES

[JIM Symposium 2023](#)

[JIM - Journal of Internal Medicine](#)

VENUE

Okinawa Institute of Science and Technology (OIST)
Graduate University
1919-1 Tancha, Onna-son, Kunigami-gun
Okinawa, Japan 904-0495

REGISTRATION

Please register through the official [website](#)

